

## **PROGRAM - VIRTUAL, REAL AND INNER LIVES**

**8.15 – 8.45**

**Registration**

**8.45 – 9.00**

**Welcome & Introduction by MH Branch**

**9.00 - 9.45**

**The Educator's Perspective - Greg Gebhart**

Greg Gebhart is the senior education trainer for the Australia Communications and Media Authority Cybersafety Outreach Section. Greg has provided Cybersafety presentations to more than 50,000 teachers, parents, students and law enforcement officers across Australia. Greg has provided keynote addresses at major conferences at a national and international level and has received many state and national awards including Victorian Regional Achiever of the Year, Australian ICT Innovator of the year and Victorian ICT in Education Leader of the Year.

**9.50 – 10.15**

**The Adolescent's Perspective -Tom Wood**

After staying up until 3am on the Internet for weeks on end and experiencing extensive cyber bullying when he was just 14, Melbourne schoolboy Tom Wood has been using his experience and knowledge of the internet to work with leading consultants, media, organisations and governments around Australia to make sure no other kids have to endure the cyber bullying and internet addiction he did. In 2007 he cracked the then Federal Government's \$84 Million Internet Porn Filter in 30 minutes, and now writes for Girlfriend Magazine about online issues, such as bullying, privacy, addiction and security.

**10.20 -10.45**

**Panel Response and Open Discussion**

Professor Bruce Tonge, Jeanette Beaufoy and Roslyn Webb,  
Dan Golding

**10.45 - 11.15**

**Morning tea.**

**11.15 – 11.55**

**The Therapist's Perspective -Jim Lees**

Jim Lees has a distinguished career in Child/Adolescent Psychiatry, including his role as Director of the Department of Psychiatry, Division of Behavioural Science, Childrens' Hospital of Pittsburgh, Pennsylvania, USA (1976-8); Assistant Psychiatrist, Royal Childrens' Hospital, Melbourne (1979-81); Psychiatrist at Prince Henry's Hospital (1981-86), and Child and Adolescent Psychiatrist, Monash Medical Centre, Melbourne (1987-92). He was an Honorary Senior Lecturer at Monash University, Department of Psychological Medicine (1983-2000). As a practising Child/Adolescent Psychotherapist for many years, he will be leading the establishment of the VCPA clinical interest group for children, adolescents and parents presenting with concerns around cyber issues.

**12.00 – 12.20**

**Clinical Presentation –Paper by Anne Jeffs**

Anne Jeffs is a Snr Trainee VPPA, Snr Clinician Austin CAMHS. The presenter will reflect upon the use made of violent

six-year therapy

computer games by a 15 year-old male psychotherapy patient over the latter period of a

The presenter explores some possible meanings of the use of the computer games by the patient (both outside of and in recounted form, within the therapy). She notes:

- An increasing capacity to represent the experience of the 'dead mother' (Andre Green), especially during difficult periods and breaks in the therapy, and the use of 'going blank' and zoning out through use of the computer games as a defense against this experience.
- The patient's communication about a part of himself that continues to exist in this psychotic state (much more consistently present in the early years of therapy). Especially re-emerging during long breaks, and at times of stress within the family.
- Paradoxically, the computer game use at times buffers him from times of chaos and violence in his family life. His use of the computer games as a mode of relating and joining with his peer group.

The presenter concludes with some thoughts about the defensive use of these computer games and the implications for therapists when working with this material.

## 12.25 – 12.50 Discussion

### Panel Response and Open

Professor Bruce Tonge, Jeanette Beaufoy and Roslyn Webb,  
Dan Golding

## 12.50 – 1.45

### Lunch

## 1.45 – 2.30

### Clinical Presentation – Take 2 - presenters - Toni Heron, Sylvia Azzopardi, Marell Lynch

“ Subliminal messages in context.”

This presentation will focus on the many different levels of messages that the therapist, working with a young person in out of home care, will experience and process to engage the young person in a therapeutic relationship. For the therapist there are the direct messages from the harsh reality of physical residential unit the young person is seen in; the cacophony of sound and music; the fragmentary wisps of past trauma; and the rhythmic blocking of thoughts in the mind of the therapist to protect form traumatic memories. This presentation will explore the difficulty of making meaning when the voice of the child resonates through media, home environment, systemic processes and the mind of the therapist.

## 2.35 – 3.00 Williams (MCPP)

### Clinical Presentation - Paper by Kirsten

“Laptop – A window to a troubled boy's inner world”

This presentation will explore the use of “the laptop” within Marcus' therapy. “The laptop” was initially perceived by the therapist as a defense that blared out a barrage of thumping vibrations creating a space where it was hard to speak, let alone think. At the same time “the laptop” flashed images on its screen, images which were equally disturbing and perhaps reminiscent of flashbacks. This presentation will explore how Marcus used his laptop to communicate his inner emotional state, in a way not too dissimilar to projective identification. The audio of the Laptop provided a beat for this very traumatized and disturbed young persons therapy, a beat like an adrenalin-fueled pulse - a beat of excitement, terror and rage. Over time the therapist began to hear the narrative to the music and to Marcus' distress and disturbance.

## 3.00 – 3.30

### Afternoon Tea

## 3.30 - 4.10

### The Parent's Perspective - Robyn Treyvaud

Robyn is specialist consultant at the Centre for Strategic Education working with schools and their communities nationally and internationally in the area of cyber safety. She co-authored *Cyber Safe Kids Teaching Kit* an interactive CD Rom for primary and secondary children and was a leading designer and contributor of the three year Loddon Mallee community based project funded by the Telstra Foundation: Developing responsible ethical and resilient digital citizens and has met with I keep Safe Coalition ,USA Robyn is an innovator, leader

and team member of large scale projects in Australia and is acknowledged as an expert in cyber safety by her peers and wider community.

**4.15 - 4.45**

**Panel Response and Open Discussion**

Professor Bruce Tonge, Jeanette Beaufoy and Roslyn Webb,  
Dan Golding

**4.45 – 5.00**

**Closing Plenary & Acknowledgements**